

AQUANATURA

WELLNESS & SPA



Strada del Sant'Uffizio, 1 Cioccaro di Penango, Asti
For information and reservations: spa.rsu@ldchotels.com or +39 0141 916292
Open daily 10:30 am – 7:30 pm

AQUANATURA

WELLNESS & SPA

Nestled in the Monferrato hills, AQUANATURA SPA is an oasis of wellness inspired by nature and Italian botanical tradition.

Every treatment is an exclusive ritual by MEI - Migliori Erbe Italiane, a brand combining aromatherapy, expert techniques, and local ingredients to offer you a unique and rejuvenating sensory experience.

SIGNATURE BODY MASSAGES

AQUANATURA - Relaxing 50 min € 190
Slow, enveloping movements with aromatic wild herb and lavender oils. Promotes muscle relaxation and restores harmony and energy to the body.

RESPIRO PROFONDO – Deep Tissue 50 min € 210
An intense massage designed to melt away muscle tension and stiffness. Arnica and deep manual techniques help relax the body and restore lightness.

CANDLE MASSAGE – Emotions on the Skin 50 min € 210
The warmth of a massage candle wraps the body in a unique sensory experience. Deeply nourishes the skin, leaving it soft, radiant, and silky smooth.

AQUA DRENANTE – Draining Massage 50 min € 210
Targeted draining techniques help eliminate excess fluids and toxins. Ideal for restoring lightness, firmness, and circulatory wellness.

PER LA MAMMA – Prenatal Ritual 50 min € 190
A gentle treatment dedicated to mothers-to-be. Relieves muscle tension while providing deep relaxation and wellbeing.

PARTIAL BODY MASSAGES

NECK & BACK 25 min € 110
Ideal for releasing tension in the cervical and dorsal areas. Helps improve posture and mobility.

LEGS & FEET 25 min € 110
Draining and relaxing techniques to lighten the lower limbs. Perfect for stimulating circulation and providing immediate comfort.

MEI FACIAL TREATMENTS

MEI NUTRITIVE – Hydrating 50 min € 200

An intensely nourishing treatment ideal for dry and dehydrated skin. Restores comfort, elasticity, and deep hydration.

MEI ANTI-AGE 50 min € 200

Helps combat the signs of aging by improving tone and elasticity. The skin appears firmer, radiant, and smooth.

MEI DÉTOX - Purifying 50 min € 200

Purifies and rebalances the skin thanks to green clay and vitamin serums. Ideal for fresh, radiant, and regenerated skin.

LUXURY FACE & BODY WELLNESS

SEASONAL DÉTOX 50 min € 200

A face and body ritual featuring a purifying herbal scrub and natural clay. Regenerates the skin while delivering radiance, nourishment, and deep relaxation.

GRAPE SIGNATURE RELAIS SANT'UFFIZIO 80 min € 320

Inspired by the Monferrato vineyards, combining grape seeds, lavender, and lemon balm. An exclusive experience that brings elasticity, vitality, and harmony.

ROSA DI CIOCCARO TREATMENT – Face & Body 80 min € 290

A precious face and body ritual with rose essential oils. Leaves the skin silky, radiant, and delicately scented.

MEI BODY RITUALS

MEI DOLCE VITA - Sweet Life 50 min € 200
Citrus scrub and an elasticity-enhancing massage with a Mediterranean scent. Restores radiance and firmness to the skin.

MEI UNDER SALT 50 min € 200
Sicilian sea salt and peppermint deliver energy and vitality. A detoxifying and revitalizing ritual for body and mind.

SANT'UFFIZIO GRAPE TREATMENT 50 min € 200
A treatment inspired by the region's winemaking tradition. Enhances skin elasticity and radiance thanks to grape extracts.

COUPLE'S MOMENTS

COUPLE'S AQUANATURA 50 min € 350
A relaxing shared experience in an intimate and exclusive atmosphere. Synchronized techniques for a moment of pure wellbeing.

COUPLE'S RESPIRO PROFONDO - Deep Breaath 50 min € 400
A deep tissue massage designed to melt away stress and tension. Perfect for restoring balance.

COUPLE'S CANDLE MASSAGE 50 min € 400
The warmth of aromatic candles wraps the senses in a romantic ritual. An intense and rejuvenating emotional experience.

SPA SUITE EXPERIENCE

SPA SUITE EXPERIENCE 3 ore € 550
An exclusive journey featuring a couple's massage, whirlpool tub, and private relaxation area. Three hours dedicated to wellbeing and intimacy.

PRIVATE SPA SUITE 2 ore € 300
An elegant and secluded private spa to enjoy moments of absolute relaxation. Whirlpool tub, relaxation area, and an aperitif in total privacy.