

UMBRIA ITALY



VILLA
MONTE SOLARE



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ENGLISH SPA MENU

BODY MASSAGES

Oro Verde Panorama SPA

50' € 100

Relaxing massage with olive oil. The precious properties of olive oil from Umbria relax the body and regulate the skin's natural hydration system.

Tension release and body rebalance

50' € 95

Choose between: Deep Tissue, Sportive, Cranio-sacral, Foot Reflexology, Abhyanga Ayurveda.

Regenerate and Revitalise

50' € 90

Choose between: Relaxing, Drainage-Linfo, Aromatic with candle, Hot Stone.

Focus massage

25' € 55

Anti-stress massage, coupled with citrus essential oils to rebalance body and mind. It energises the entire body, releasing tension and stress.

All massages can be extended to 80 minutes

FACE TREATMENTS

Facial Treatment MEI Anti-Age

50' € 95

Facial Treatment MEI Rosa di Persia

50' € 95

Facial Treatment MEI Detox

50' € 95

BODY&FACE RITUALS

Persian Rose MEI Ritual

80' € 140

Honey and Lavander Green Experience Ritual

50' € 95

Dolce Vita MEI Ritual

50' € 95

Couple Ritual Oro Verde

50' € 190

80' € 250

Couple Ritual Choco Experience

50' € 190

80' € 250

WELLNESS IN A BOX

SPA experience

from Sunday to Thursday € 40

Friday, Saturday and Festivities € 55

Monte Solare Time 50' € 120

Access to the area on selected time slot, seasonality access to the outdoor pool
+ Honey and Lavander Green Experience Ritual 50'

MOMENTS TOGETHER

Harmonia for the couple 50' € 250

Harmonia: Access to the area on selected time slot, seasonality access to the outdoor pool + Signature Couple Ritual Oro Verde 50' + a little aperitif

Renovatio for the couple 50' € 330

Access to the area on selected time slot, seasonality access to the outdoor pool + Signature Couple Ritual Oro Verde 80' + a little aperitif.

YOGA EXPERIENCE Sunday € 75

Morning access to the area, seasonality access to the outdoor pool+ yoga session 50' + healthy lunch (one course and fruit of the daily menu, drinks not included) at the Restaurant "Dolium"

BREAKFAST & WELLNESS per person € 55

In Villa Breakfast + Morning access to the SPA area, seasonality access to the outdoor pool.

DINNER & WELLNESS per person € 89

Afternoon access to the SPA area, seasonality access to the outdoor pool + dinner at the Restaurant "Dolium". (three courses of the menu à la carte, drinks not included)

Panorama SPA opening time	from Sunday to Friday	from 10.30am to 7.30pm
	Saturday	from 10.00am to 8.00pm

Access to the Wellness area is included also to the external guests with time slots
(10.30am - 3.00pm or 3.00pm - 7.30pm).

Each guest will receive the SPA Kit which includes towel, robe and flip-flops.

The whole SPA area is available to be privatized in the evening
from 8.30pm to 11.30pm for every kind of celebration.



Internal panorama pool with hydromassages,
Steam Bath,
Panoramic Finnish sauna,
Icefall,
Fireplace relaxation room with infusion corner,
panoramic silence terrace.
Seasonality access to the outdoor pool.

Entrance allowed from 12 years of age

Informations at SPA reception
or spa.vms@ldchotels.com and 075.832.376

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Luxury Dreams Culture



Palazzo Venart, Venice

Empress Theodora Apartments, Venice

Palazzo Portinari Salviati, Florence

A.Roma Lifestyle Hotel, Rome

Tenuta Villa York, Rome

Relais Sant'Uffizio, Piedmont

Casa Munfrà, Piedmont

Relais Villa Monte Solare, Umbria

Villa Ortaglia, Tuscany

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