

SANT'UFFIZIO

S  P A

AQUANATURA

WELLNESS & SPA

AQUANATURA WELLNESS & SPA

RELAIS SANT'UFFIZIO & CASA MUNFRÀ GUEST

SPA access included from check-in at 3.00pm to check-out at 11.30am, according to type of stay.

Classic rooms include 2 hours of access only once during entire stay.

Prestige rooms include 2 hours of access per day.

All Suites include unlimited access.

Reservations for use of the SPA are to be made at the hotel or SPA reception.

We recommend arriving at the SPA reception 15 minutes before your appointment for massages or treatments. In the event of a guest delay, the allotted time may be adjusted out of respect for the next guest.

EXTERNAL GUESTS

Full day access is from 10.30am to 4.30pm

45€ per person from Monday to Thursday

65€ per person from Friday to Sunday

Half day access is from 10.30 to 1.00am or from 1.00pm to 4.30pm

35€ per person from Monday to Thursday

45€ per person from Friday to Sunday

The SPA kit includes slippers, a towel and a bathrobe to be returned at the end of your visit.

Admission includes: access to the SPA, to the outdoor swimming pool, depending on the season, and to the gym.

OPENING HOURS

Sunday to Thursday from 10.30am to 7.30pm

Friday and Saturday from 10.30am to 8.30pm

Times may vary during the season.

SPA ETIQUETTE

Out of respect for other guests we kindly ask you to switch off or silence your mobile phones during your stay in the SPA and to conduct yourselves in a quiet and considerate manner in all areas of the wellness centre.

The use of a swimming costume and slippers is required in the wet areas and throughout the wellness centre.

Showering is compulsory.

Smoking of any type of cigarettes (including electronic) is not permitted in the entire SPA area.

The loungers in the relaxation areas must be left free if not used for sitting, we kindly ask you not to occupy them unnecessarily with towels or bags.

Good health is required for access to the wet area.

The Management accepts no liability in the event of illness related to a poor state of health or to an improper use of the wet area.

Access to the SPA is permitted from the age of 12.

Forgotten or lost items, if found, will be guarded at the SPA reception, which shall not be liable for damage or loss of personal items.

In the event of cancellation we ask for a notice of at least 24 hours, otherwise 50% of the treatment cost will be forfeited.

September 2024





HEATED POOL INDOOR

Relaxing indoor pool with heated water at 30°-32°C. Equipped with various massage jets and waterfalls, ideal for relaxing the cervical area.

PANORAMIC SAUNA

Sauna with a panoramic view of the surrounding nature. With its 90°C temperature, it promotes muscle relaxation and the elimination of toxins.

RELAX AREA AND HERBAL TEA AREA

A quiet and bright space where guests can relax and recover their energy, sipping herbal tea, delighting themselves with different snacks.



STEAM BATH

With a temperature of 45°/48°C and humidity above 90%, our steam bath relieves tension and all forms of stress, thus improving psycho-physical well-being.

Aromatised steam is particularly suitable for relief of the respiratory tract.

MEDITERRANEAN BATH

With a temperature of 45°/55°C and humidity of 55-65%

our Mediterranean Baths with scents of the Mediterranean provide a pleasant environment specifically designed to promote the elasticity of skin tissue and accelerate the drainage of excess liquids.



EMOTIONAL SHOWERS

Stimulate organisms in the body through chromium therapy with a pleasant and relaxing effect. Combined with the use of the sauna and steam baths, our emotional showers enhance the feeling of peace and relaxation.

ICE FALL

Ice rubbed on the skin promotes cell regeneration and gives tonicity to muscles and tissues. It helps improve circulation and creates an immediate energising effect.



TREATMENTS & MASSAGES

AQUANATURA:

THE CLASSIC 50 MINUTES

Customised massage combining different techniques of manual techniques, which, according to individual needs, rebalance the harmony of your body, giving you new energy.

THE MONASTERY:

THE RELAXING 50 MINUTES

Slow, prolonged movements with aromatic oils based on herbs, spices and flowers with intense relaxing power that relaxes the muscles, creates psychophysical harmony and a peace of mind.

DEEP BREATHING:

DECONTRACTING 50 MINUTES

A deep massage that helps release tension and muscle contractions caused by stress, incorrect posture and intense physical exertion.

The benefits of arnica combined with specific manual techniques promotes tissue oxygenation, the elimination of toxins and lactic acid.

CANDLE MASSAGE:

EMOTION ON THE SKIN 50 MINUTES

Live the unique experience of a warm and enveloping massage thanks to the pure vegetable butters of an aromatic candle.

As well as the benefits of a massage, it represents a true ritual of well-being, a precious moment in which all the senses are involved.

HAWAIANO LOMI LOMI:

SOUL MASSAGE 50 MINUTES

A massage technique based on rhythmic and harmonious movements that are reminiscent of the flow of ocean waves. The use of pure coconut oil envelops the guest in a fragrance that creates a profound sense of well-being.

HOT STONE THERAPY:

BALANCE AND HARMONY 50 MINUTES

A massage ritual with stones of volcanic origin that slowly release the heat accumulated from standing in hot water. In combination with the massage oil used, the stones release an energy that balances out tension, stress and loosens contractions.

FOR THE MOTHER:

PRENATAL FACE AND BODY RITUAL 80 MINUTES

A regenerating and pampering treatment for the mother-to-be, a combination of specific manual techniques aimed at relieving muscular pains and promote general well-being.



PARTIAL TREATMENTS

CRANIO - CERVICAL MASSAGE:

ANTI-STRESS 25 MINUTES

The perfect anti-stress combination. Ideal for regaining balance and concentration, making us feel and look more relaxed.

NECK - BACK MASSAGE:

FOR POSTURE 25 MINUTES

Ideal for releasing muscle tension while improving posture and spine movement.

LEG - FOOT MASSAGE:

LIGHTNESS 25 MINUTES

A massage technique focused to give lightness to the lower limbs improving circulation.





WELLNESS LUXURY

SEASONAL DETOX:

BODY FACIAL TREATMENT

80 MINUTES

Clay and herbal body scrub treatment to detoxifying and smoothen the skin, followed by a massage based on natural oils that adds radiance, moisture and nourishment, and relaxes deep tissues.

The treatment ends with a head and face massage combined with the benefits of a customised mask, rejuvenating the radiance of the face.

SIGNATURE OF SANT'UFFIZIO:

GRAPE AND MANGO PEELING

80 MINUTES

High-performance body peeling thanks to extracts of dehydrated grapes, mango and polyphenols. The peeling will create a feeling of comfort and rejuvenation that will restore natural softness in the skin.

The alginate mask and the plumping face cream apricot facial cream provide the skin with deep moisturising and radiance.

The treatment ends with the application of fine essence oil with orange, lemon and clove extracts.

COUPLE MOMENTS

ACQUANATURA MASSAGE FOR COUPLES:

THE CLASSIC

50 MINUTES

Enjoy a moment of relaxation and tranquility with your favourite person, in the peaceful environment of a private room for two.

CANDLE MASSAGE FOR COUPLES:

EMOTION ON THE SKIN

50 MINUTES

Share the experience the unique experience of warm, enveloping benefits of the pure vegetable butters of our aromatic candle, in the comfort of a private room for two. Together with a massage, it represents a true ritual of well-being, a precious moment in which all the senses are involved.

HAWAIIANO LOMI LOMI FOR COUPLES:

THE SOUL MASSAGE

50 MINUTES

A massage technique based on rhythmic and harmonious movements that resemble the flow of ocean waves.

The use of pure coconut oil envelops the guest in a fragrance that will give a profound sense of well-being.

SPA SUITE

INFORMATION

Exclusive SPA Suite, for moments of well-being and harmony as a couple.

- Teuco couple whirlpool tub
- relaxing double bed with heated water mattress
- a bottle of Asti bubbles and a tasty welcome treat

2 and half hours stay





FACE & BODY TREATMENTS

CUSTOMISED FACIAL TREATMENT:

THE CUSTOMISED 80 MINUTES

Anti-ageing treatment through 5 phases with 8 specific formulas. The profound effectiveness of Sothys combined with a complete relaxation for visibly younger skin.

HYDRA FACIAL TREATMENT "4HA":

INTENSE HYDRA 80 MINUTES

A perfect alliance of technicality and sensoriality, this soin combines ultra-comfortable textures with high-performance active ingredients to flood the skin with nutrients and provide a sensation of absolute hydration and comfort.

DETOX FACIAL TREATMENT:

VITAL ENERGY BREATH TO THE SKIN 80 MINUTES

A treatment to give the skin a vital breath of air and improving the physiological skin protection from the environment such as the effects of pollution that can accelerate skin ageing.

BODY TREATMENT:

"SUR MESURE" 80 MINUTES

A modeling technique that is carried out by choosing from 3 different textures: nourishing oil, moisturising cream nourishing balm. This treatment is personalised with the sensory experience of your choice.





FACE TREATMENTS

TAMANU TREATMENT:

THE FLOWER OF POLYNESIA 50 MINUTES

Nourishing and regenerating, this intoxicating treatment will deliver remarkable results. Its secret? Tamanu, the Polynesian flower considered “Gold of the Gods” is obtained from a large evergreen tree, the seeds of which yield a high quality oil extracts, prized for its extraordinary benefits. Treatment with the Tamanu extracts leaves the skin soft and silky.

ILLUMINATING TREATMENT:

WITH PERSIAN ROSE 50 MINUTES

A complexion like rose petals is the result of this very pleasant treatment with Persian rose buds.

A gentle exfoliant and a cream enriched with the purest essential oil of the Persian rose make this treatment surprisingly effective, thanks also to a massage with helichrysum and marigold.

FLASH TREATMENT:

ENERGISING AND DETOXIFYING 25 MINUTES

A “flash” treatment based on Green Clay is capable of cleansing the first layer of the epidermis thanks to its powerful detoxifying action. A very pleasant sensation of vitality, thanks to the Vitamin Serum based on precious vegetable oils, supplemented with a vitamin E cream naturally boosted by the essential oil of Geranium. Suitable for all skin types and also particularly suitable for men. *di pelle e particolarmente indicato anche per l'uomo.*

BODY TREATMENTS

AQUA-DRAINING:

THE LYMPH DRAINAGE 50 MINUTES

Specific draining manual techniques and a special blend of essential oils and Asian centella, promote the elimination of excess liquids and toxins, reducing swelling, promoting venous circulation and lymphatic drainage.

ANTI-CELLULITE DRAINING:

START UP 50/100 MINUTES

An effective anti-cellulite treatment with draining action boosted by the properties of the eight essential oils activated by turmeric and ginger in organic apple vinegar.

The treatment begins with the application of Green Clay, followed by the application of the special START UP mud. Finally, a specific draining massage and the application of Juniper Gel. A true remedy for the legs that can also be extended to the whole body.

DOLCE VITA TREATMENT:

ILLUMINATING 50 MINUTES

Let yourself be enveloped in the essential oils of Sweet Orange and Lemon for this special treatment that will restore a unique radiance and firmness to your skin. The treatment begins with the Dolce Vita scrub with micro sugar spheres followed by the elasticising massage with Olio Balance based on essential citrus oils.

With some final touches of the Sweet Orange silky cream, you will enjoy unforgettable moments of well-being.

SALINE TREATMENT:

INVIGORATING AND FIRMING 50 MINUTES

Enjoy a burst of vitality and a unique recharge thanks to the detoxifying power of Sicilian sea salt, enhanced by Peppermint essential oil from Piedmont.



FACE & BODY TREATMENTS

PERSIAN ROSE TREATMENT:

SMOOTHING AND BRIGHTENING 80 MINUTES

A precious face and body ritual based on the essential oil of Persian Rose. A smoothing and extremely illuminating effect, a caress that envelops the skin thanks to the harmonious massage techniques, enhanced and enriched by eight natural MEI products.

The result is rejuvenated skin, as well as a unique sensory immersion celebrated by the aromatic shower of Persian rosebuds.

TAILOR MADE: THE CUSTOMISED

DEEP WELLBEING 80 MINUTES

A face and body ritual customised to your needs and choices. A private pampering for moments of intense and deep well-being.



BEAUTY TREATMENTS

AESTHETIC SPA

MANICURE TREATMENT WITH POLISH APPLICATION	45 MINUTES
WITH NAIL VARNISH APPLICATION	50 MINUTES
NAIL POLISH CHANGE	

WAXING

FACIAL TOUCH-UP	15 MINUTES
UNDERARMS	10 MINUTES
ARMS	30 MINUTES
FULL LEG	45 MINUTES
PARTIAL LEG	30 MINUTES
BIKINI	15 MINUTES
MEN'S BACK	30 MINUTES



HOW TO GET TO RELAIS SANT'UFFIZIO

arriving from A21 Torino - Brescia

exit ASTI EST
20 km to Cioccaro

arriving from A26 Genova - Gravelona Toce
or from A4 Torino - Milano

exit CASALE MONFERRATO SUD
25 km to Cioccaro

DISTANCE FROM THE MAIN CITIES

Asti	21 Km	25 min
Casale Monferrato	25 Km	30 min
Alba	50 Km	40 min
Alessandria	54 Km	45 min
Torino	80 Km	1h 10 min
Milano	140 Km	1h 40 min
Genova	133 Km	1h 33 min

DISTANCE FROM THE MAIN AIRPORTS

Torino Caselle	97 Km	1h 10 min
Milano Malpensa	121 Km	1h 37 min
Milano Linate	150 Km	1h 50 min
Milano Bergamo Orio al Serio	166 Km	2h
Genova C. Colombo	127 Km	1h 30 min

For any questions please contact our WhatsApp Butler
service +39 347 0883 041

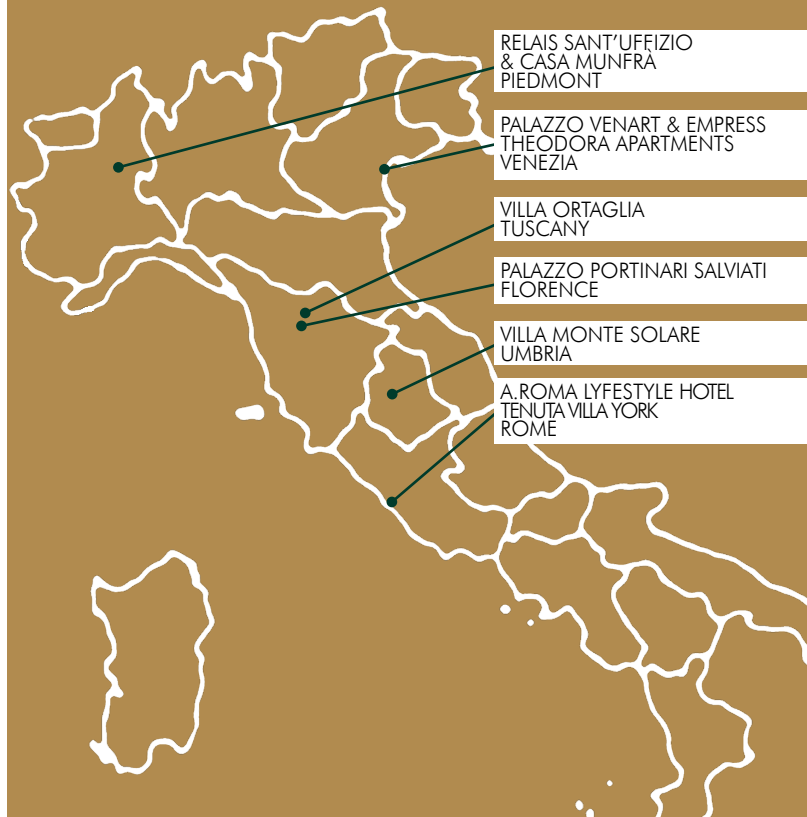


LDC Hotels Italy, in Italy since 2013, boasts a collection currently consisting of 6 luxury hotels and resorts, located in some of the most popular and evocative tourist destinations in Italy.

In Venice, Florence, Rome and in the provinces of Asti and Perugia, all the facilities, both historic residences and modern hotels, have their own personality that reflects the cultural, artistic and scenic wealth of the area in which they are located. In 2022, the prestigious Palazzo Portinari Salviati opened in the heart of Florence.

The properties of the LDC Group are distinguished by impeccable hospitality, elegant surroundings and extreme attention to detail, to art and to the nature that surround them.

ldchotelsitaly.com





AQUANATURA WELLNESS & SPA
Strada del Sant'Uffizio 1
14030 Cioccaro di Penango Asti, Italia
+39 0141 917 009 spa.rsu@ldchotels.com
ldchotelsitaly.com